

A Chat for Design Grads: **Job Hunting & Fighting Imposter Syndrome**





Alexis studied industrial design at

working at Johnson & Johnson's

Students definitely need to feel more

empowered to show the messy work,

so recruiters understand how they are

valuable to build up the confidence to

Favourite

Apartamento

Favourite

sport

Pets

Cat named Mister

book

thinking and working in a team. It's

share work that isn't finished."

Savannah College of Art and

Design. She is now currently

Experience Design Team.

Meet Alexis **Divis**

23, USA



162 cm

Favourite food

Cookie dough ice cream



Hobbies Trying out cafes in NYC

Sketchbooking / Journaling



In this episode, our YDC members discuss...

- Habits, attitudes and reflections about landing their first design job.
- Tips on networking and how to build community, how conversations, design groups, and mentorship can lead to valuable opportunities.
- Advice on overcoming impostor syndrome with confidence.

Motivation and Advice:

How to land your first design job?

It's not about knowing everything but about having two or three strong skills that define you and help shape your unique style. Your portfolio should clearly communicate: This is who I am, and this is what I do best.

I found **soft networking** to be super critical. Having to learn to deal with this navigating small talk and speaking to professionals as a student was really scary at first, but practicing that skill was very critical to finding my first job.

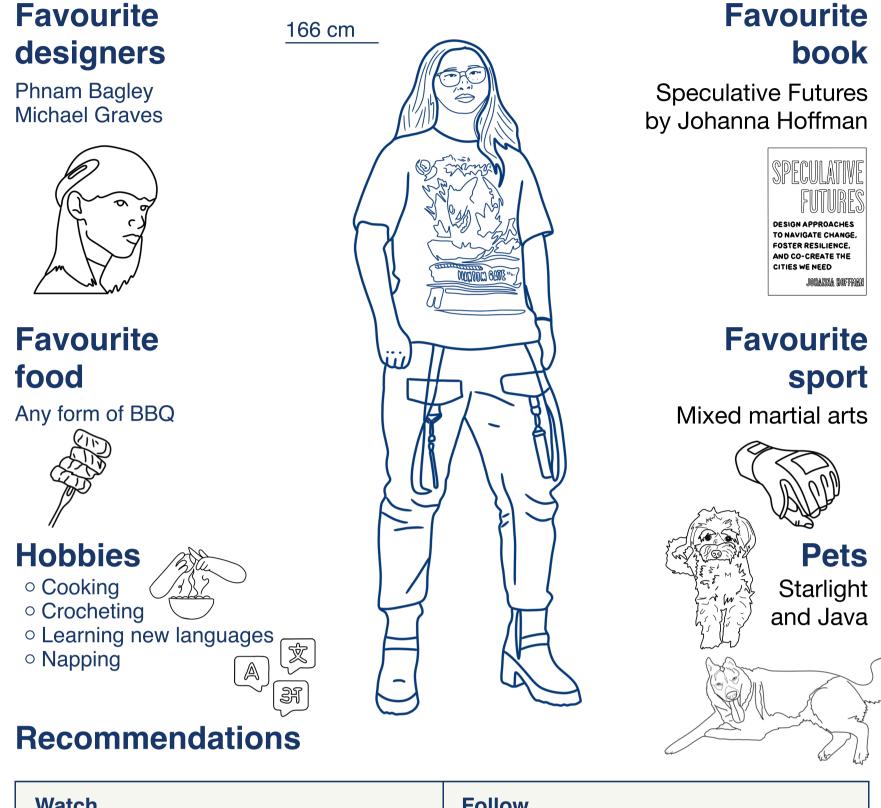
Just do whatever you're scared of doing, just go for it. Apply for the job. Ask a person for advice. Look for opportunities in your area. Talk to people, learn new skills, just go for it. And don't be afraid of failure.

Meet Leslie Sern

26, USA

Leslie is an industrial designer who graduated from the Cleveland Institute of Art with a Bachelors in Industrial Design and a concentration in Jewelry & Metals. She's a Mechanical/Industrial Designer at PIKE Technologies, using ergonomics and human factors to ensure products are globally intuitive and user-friendly.

> 'I feel like as designers, we're all trying to be perfectionists, but nothing is ever going to be perfect. Just do whatever you're scared of doing, just go for it."



Dan Formosa's Epicurious series of Gadgets Tested by Design Expert

Follow Ti Chang (@designerti) Kam Redlawsk (@kamredlawsk)

Tips and Activities to Build Confidence

SELF-NEUTRALITY



Facts about yourself, such as your credentials. It focuses on facts rather than emotional self-judgement, helping reduce anxiety to overcome doubt and imposter syndrome.

BRAG LISTS

A list of past accomplishments; including big, small or unconventional achievements to boost confidence. It's about reminding yourself about unique or challenging accomplishments to build self-assurance.



MENTORSHIP



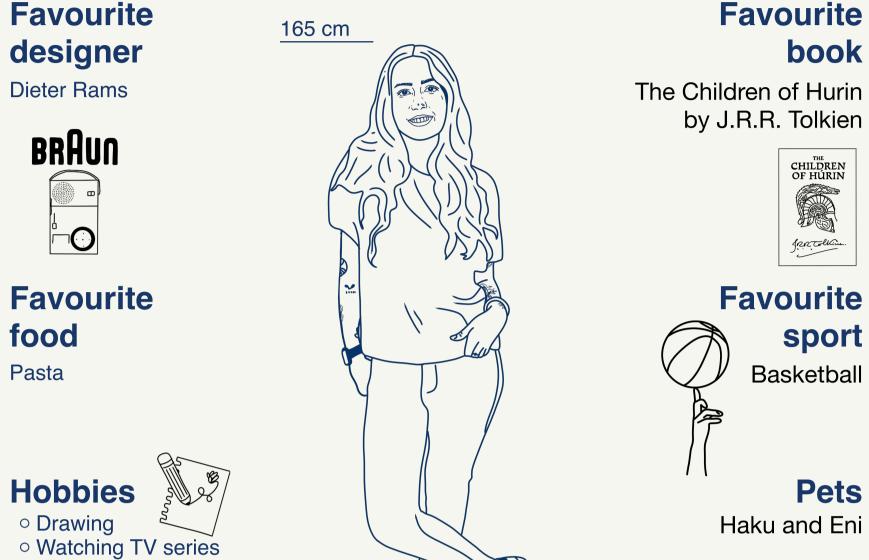
Having a more experienced mentor provide guidance can be invaluable. It not only helps build confidence but also creates a supportive relationship with someone who believes in you as you begin your design career.

Meet Natalia Enriquez

25, Colombia

Natalia is an industrial designer specializing in the creation of physical products and visual strategies. She also focuses on research for cultural and heritage-related projects. Currently, she works as a freelance designer for companies based in the United States

"I truly believe that if each of us follows our calling beautifully and authentically, we can slowly change the narrative that says arts and designs are invaluable."



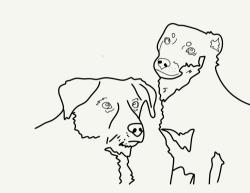
Favourite sport Basketball



Favourite

by J.R.R. Tolkien

book



Recommendations

and movies

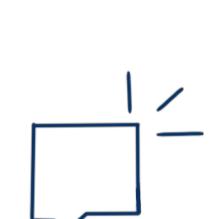
and podcasts

Listening to music

The Beauty of Everyday Things by Yanagi Sōetsu

Watch Love Death + Robots on

Follow @creativereview on Instagram



We want to **hear from you!** Look out on social media for updates to stay engaged.

Tune in to the **Next in Line** podcast to join the conversation!



@worlddesignorg



@worlddesignorg



Creators:Natalia Enriquez Martinez Başak Onbaşıoğlu Andrea Robredo Cernicchiaro